

## AFTER SIX YEARS OF SUFFERING

Woman Made Well by Lydia E. Pinkham's Vegetable Compound.

Columbus, Ohio.—"I had almost given up. I had been sick for six years with female troubles and nervousness. I had a pain in my right side and could not eat anything without hurting my stomach. I could not drink cold water at all nor eat any kind of raw fruit, nor fresh meat nor chicken. From 178 pounds I went to 138 and would get so weak at times that I fell over. I began to take Lydia E. Pinkham's Vegetable Compound, and ten days later I could eat and it did not hurt my stomach. I have taken the compound and I feel like a new woman. I now weigh 127 pounds so you can see what it has done for me already. My husband says he knows your medicine has saved my life."—Mrs. J. S. Barlow, 1324 South 4th St., Columbus, Ohio.

Lydia E. Pinkham's Vegetable Compound contains just the virtues of roots and herbs needed to restore health and strength to the weakened organs of the body. That is why Mrs. Barlow, a chronic invalid, recovered so completely. It pays for women suffering from any female ailments to insist upon having Lydia E. Pinkham's Vegetable Compound.

## PIMPLES

Are Dangerous

They are a sign of poisoned blood, defective liver, biliousness, indigestion, constipation or even more serious conditions which if not removed in time make you a miserable invalid for life.

Dr. Thacher's Liver and Blood Syrup

It goes back of the symptoms, and RE-NEW THE CAUSE. It is purely vegetable, a gentle laxative and tonic combined. It can be taken by all, young and old, male and female. 50c and \$1 bottles at your dealer's.

THACHER MEDICINE CO., CHATTANOOGA, TENN.

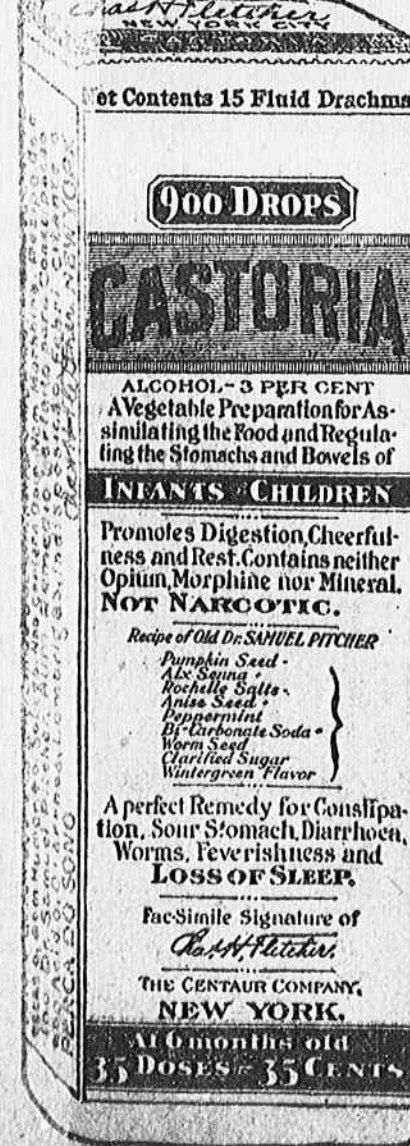
**PARKER'S HAIR BALM**  
A toilet preparation of merit. Helps to eradicate dandruff. For restoring color and beauty to gray or faded hair. 50c and \$1.00 at Druggists.

**KODAKS & SUPPLIES**  
We also do highest class of finishing. Kodak and Catalogue upon request. C. Leski Optical Co., Richmond, Va.

**WANTED**  
Men to learn barber trade. Few weeks required. Steady position for competent graduates. Wonderful demand for barbers. Write for catalog: RICHARDSON BARBER COLLEGE, Richmond, Va.

**GALLSTONES FREE**  
A new and reliable remedy. Write for our free book of facts and facts to-day. Write to: Dr. C. G. 219 S. Dearborn St., Chicago.

W. N. U., CHARLOTTE, NO. 19-1916.



**Castoria**  
For Infants and Children.  
Mothers Know That Genuine Castoria Always Bears the Signature of *Dr. J. C. Hatcher* In Use For Over Thirty Years **CASTORIA**  
The Centaur Company, New York City.

et Contents 15 Fluid Drachms  
**900 DROPS**  
**CASTORIA**  
ALCOHOL—3 PER CENT  
A Vegetable Preparation for Assimilating the Food and Regulating the Stomachs and Bowels of **INFANTS CHILDREN**  
Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. **NOT NARCOTIC.**  
Recipe of Old Dr. J. C. HATCHER  
Pumpkin Seed, Aloe Sassa, Rochelle Salts, India Seed, Peppermint, Dr. Carbonate Soda, Horseradish, Clarified Sugar, Wintergreen Flavor  
A perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Feverishness and Loss of Sleep.  
Fac-Simile Signature of *Dr. J. C. Hatcher*  
THE CENTAUR COMPANY, NEW YORK.  
ALCOHOL—3 PER CENT  
35 DROPS—35 CENTS  
Exact Copy of Wrapper

Keep a-Moving Along.  
There never was a time in the history of the world in which there was so violent a passion of movement as today. We are none of us content to live our lives in one place. We must all be going somewhere in search of new sights. The railroad no longer keeps pace with our desires. The neatly laid rails which traverse our continent seem too formal in the rapidity of our thought. It licks us to present ourselves at a railway station in time for the express.

We must settle our own hour and take our journey as we list. So motor cars come to the aid of railway trains, and for those who cannot bear the sloth and solidity of the earth on which they were born there is the flying machine.

### Whenever You Need a General Tonic Take Grove's

The Old Standard Grove's Tasteless Tonic is equally valuable as a General Tonic because it contains the well known tonic properties of QUININE and IRON. It acts on the Liver, Drives out Malaria, Enriches the Blood and Builds up the Whole System. 50 cents.

**Wrong Diagnosis.**  
"Your condition is very serious," said the doctor—"very serious indeed. What you need is an entire change of scene."

The patient seemed puzzled. "But, doctor," he began.  
"There's no but about it," insisted the physician. "A complete change of scene is the only thing that will cure you. By the way, what is your occupation?"  
"I'm a scene shifter."

### BAD COMPLEXION MADE GOOD

When All Else Fails, by Cuticura Soap and Ointment. Trial Free.

If you are troubled with pimples, blackheads, redness, roughness, itching and burning, which disfigure your complexion and skin, Cuticura Soap and Ointment will do much to help you. The Soap to cleanse and purify, the Ointment to soothe and heal.

Free sample each by mail with Book. Address postcard, Cuticura, Dept. L, Boston. Sold everywhere.—Adv.

**Improved.**  
"We're getting better service on this line than we used to," remarked the commuter. "This train has been on time every day for nearly a month. Before that she was always from twenty to thirty minutes late."

"Yes," answered the conductor. "That was when the engineer was courting that pretty girl at the lunch counter up the line. They're married now, and it doesn't take him so long to say good-by as it used to."

### TRY DARKENING YOUR GRAY HAIR WITHOUT DYES

Shampoo your hair and scalp each morning for about a week with Q-Ban Hair Color Restorer. If your hair is gray, streaked with gray, prematurely gray or faded, brittle, thin or falling, all your hair will then be beautifully darkened and to such a natural, even dark shade no one would suspect that you had applied Q-Ban. Q-Ban is no dye, perfectly harmless, but makes all your hair soft, fluffy, thick, with that lustrous dark shimmer which makes your hair so fascinating. Big bottle sent prepaid or sold by druggists for 50c. Address Q-Ban Laboratories, Memphis, Tenn.—Adv.

**Don't Worry.**  
"Oh, Mr. Robinson, somebody has stolen your car."  
"That's all right. The thief will bring it back when he finds out how much gasoline it takes to run it."



**CASTORIA**  
For Infants and Children.  
Mothers Know That Genuine Castoria Always Bears the Signature of *Dr. J. C. Hatcher* In Use For Over Thirty Years **CASTORIA**  
The Centaur Company, New York City.

## INTERNATIONAL SUNDAY SCHOOL LESSON

By M. O. SELLERS, Acting Director of Sunday School Course of the Moody Bible Institute, Chicago.  
(Copyright, 1916, Western Newspaper Union.)

### LESSON FOR MAY 7

THE MISSIONARIES OF ANTIOCH.

LESSON TEXT—Acts 11:19-30; 12:25; 13:12.  
GOLDEN TEXT—Go ye therefore, and make disciples of all nations.—Matthew 28:19.

An interesting introduction to this lesson would be to review the outstanding features of the life of Barnabas up to this time. His attractive character, introduction, and associations with Paul are full of rich and suggestive lessons. Following Peter's deliverance of last Sunday's lesson we read of the end of the vile Herod (12:20-25). The origin of this Antioch church was perhaps in A. D. 40, following the dispersion after the death of Stephen (11:19-26). These converts gave proof of their new love by ministering to the brethren in Jerusalem (11:27-30).

I. A Great Church (11:19-30). (1) Their testimony. This new sect, "Christians" (v. 26) made a deep impression upon this great city though as yet its testimony was to the Jews only (v. 19). The first evangelists to this city from the home of Judaism at the outset, however, spake to Gentile Greeks. (a) They "spoke the word" (v. 19), as travelers and fugitives they carried the message wherever they journeyed. (b) "They preached Jesus," the only message that will reach and stir an entire city. (c) They did it in a conversational way (v. 20 R. V.). (2) The workers (3:1). It is an amazing array of names mentioned as one of the results of this Antioch revival. Step by step God has widened the sphere of activities of those who accepted the gospel, and with every step the stamp of divine approval was seen. (11:21). Those who "turned unto the Lord" not only believed but gave evidence of repentance and under the leadership of Barnabas, who had brought Saul with him from Tarsus (v. 25), large numbers were assembled and taught (v. 26). This ministry of teaching is a commendable type of evangelism and while the term "Christian" is applied to these followers of Jesus (not of Barnabas and Saul), it was doubtless first applied in derision, and it has become the accepted and glorious title (often abused or confused with Christendom) of those who follow our Lord.

II. A Great Commission (13:1-3). The separation which took place after Barnabas and Saul had resided in the city for a year's time (11:26), and while they were meeting with such outward success reminds us of the way the spirit separates Philip from his work in Samaria (8:6, 26, 27). The Holy Spirit knew what was best for these followers of Jesus as the results demonstrated. Among the great leaders the Spirit separated two for this particular task, and the quietness with which it was done as suggested by the text, is in marked contrast with most of our modern plans for "advanced steps." No "dollar dinner" or committee luncheons and meetings. This duty was presented: (1) While in the discharge of their regular duties, "as they ministered" (v. 2). Just the form of this ministry is not accurately stated, but it included fasting and prayer (v. 3); and it "was to the Lord." There are plenty today who can do "church work" but far too few who can minister to the Lord (not to people) and who can by fasting and prayer know what the mind of the Spirit is relative to any advance steps needful in the church. (2) Under the Spirit's direction. Just how the Spirit spoke to this people we do not know nor much care, but his message was unmistakable, whether audible or in the deep recesses of their hearts. (3) It came while they prayed. An overly-filled stomach is apt to divert a Spirit-filled mind. But an attitude of prayer is the only one which can render us susceptible to the Spirit's voice. He is ever ready to speak and if we supply the open heart and the ready mind there will be no vague, uncertain impulse such as men often call "the Spirit's voice"; rather a definite task.

III. A Glorious Conquest (v. 4-12). (1) The journey (v. 4). It was but natural for the leader of this expedition to direct his steps first to his home (4:36). If our testimony will not receive a hearing at home it is not of any great value. (2) The work (v. 5). They followed the same plan as before, entered the synagogues where teaching and discussion was the order of service and, to the Jews, gave the "word of God" (Matt. 5:17). Are we able to thus teach the word, how Jesus "fulfilled" and what the result is in that he did fulfill "all righteousness"? (3) The resistance (v. 6-8). Bar-Jesus, or "Elymas the sorcerer," must not be confused with our modern necromancers or sleight-of-hand artists. He was a leading scientist of his time and his position in the Roman deputy's household is significant. He readily saw that for the deputy to hear the gospel would destroy his power and influence (v. 8). Paul, now first so-called, physical and spiritual, and caused this man, temporarily (v. 11) to be smitten even as he had been (9:8, 17, 18). The deputy had desired to "hear" (v. 7) the Word.

# TAKES THE PLACE OF DANGEROUS CALOMEL

New Discovery! Dodson's Liver Tone Acts Like Calomel But Doesn't Gripe, Salivate or Make You Sick—Don't Lose a Day's Work—Harmless Liver Medicine for Men, Women, Children—Read Guarantee!

Ugh! Calomel makes you sick. It's horrible! Take a dose of the dangerous drug tonight and tomorrow you may lose a day's work.

Calomel is mercury or quicksilver which causes necrosis of the bones. Calomel, when it comes into contact with sour bile crashes into it, breaking it up. This is when you feel that awful nausea and cramping. If you are sluggish and "all knocked out," if your liver is torpid and bowels constipated, or you have headache, dizziness, coated tongue, if breath is bad or stomach sour, just try a spoonful of harmless Dodson's Liver Tone tonight.

Here's my guarantee—Go to any drug store and get a 50 cent bottle of Dodson's Liver Tone. Take a spoonful and if it doesn't straighten you

right up and make you feel fine and vigorous I want you to go back to the store and get your money. Dodson's Liver Tone is destroying the sale of calomel because it is real liver medicine; entirely vegetable, therefore it can not salivate or make you sick.

I guarantee that one spoonful of Dodson's Liver Tone will put your sluggish liver to work and clean your bowels of that sour bile and constipated waste which is clogging your system and making you feel miserable. I guarantee that a bottle of Dodson's Liver Tone will keep your entire family feeling fine for months. Give it to your children. It is harmless; doesn't gripe and they like its pleasant taste.—Adv.

### ROYAL GIFTS TO HUMANITY

Vast Sums Bestowed Yearly by John D. Rockefeller for the Welfare of His Fellow Men.

Sometimes we may forget that this is the greatest country that the world has ever known and that each man in it may be bigger than a king. But about that time we are likely to get a statement about the latest plans of the Rockefeller foundation, telling us what is being done with the money, which one living American has been able to give away for the good of his fellow men. And that will set us right, the New York correspondent of the Cincinnati Times-Star writes.

What a marvelous thing we would consider it to be if we learned that some European sovereign had set aside out of the yearly income allowed him by the state a few items, for instance, like this:

Six hundred thousand dollars for some new buildings for a medical association striving to find new ways of avoiding suffering from disease. Three hundred and fifty thousand dollars for the spread of education and righteousness among the benighted of uncivilized lands.

Fifty-nine other items of expenditure—all for one year only—aggregating, with the above \$1,342,561, running down to a contribution of \$50 to an association for the protection of the rights of working women.

And all paid out of the permanent income of a man who used to peddle coal oil by the gallon from a wagon. And all to be repeated next year and the year after and so long as American civilization endures.

Who would want to be a king if he could be a Rockefeller?

**Busy.**  
"Jimson has become very devoted to his family all of a sudden."  
"What makes you think so?"  
"Well, I haven't seen him at his usual haunt for nearly a month."  
"That doesn't prove anything. The fact of the matter is, somebody presented him with a meerschaum pipe and he spends his evenings at home coloring it."

### EXPERIMENTS Teach Things of Value.

Where one has never made the experiment of leaving off coffee and drinking Postum, it is still easy to learn something about it by reading the experiences of others.

Drinking Postum is a pleasant way out of coffee troubles. A Penn. man says:

"My wife was a victim of nervousness, weak stomach and loss of appetite for years; and although we resorted to numerous methods for relief, one of which was a change from coffee to tea, it was all to no purpose. "We knew coffee was causing the trouble but could not find anything to take its place until we tried Postum. Within two weeks after she quit coffee and began using Postum almost all of her troubles had disappeared as if by magic. It was truly wonderful. Her nervousness was gone, stomach trouble relieved, appetite improved and, above all, a night's rest was complete and refreshing.

"This sounds like an exaggeration, as it all happened so quickly. Each day there was improvement, for the Postum was undoubtedly strengthening her. Every particle of this good work is due to drinking Postum in place of coffee." Name given by Postum Co., Battle Creek, Mich.

Postum comes in two forms: Postum Cereal—the original form—must be well boiled. 15c and 25c pkgs. Instant Postum—a soluble powder—dissolves quickly in a cup of hot water, and, with cream and sugar, makes a delicious beverage instantly. 30c and 50c tins.

Both forms are equally delicious and cost about the same per cup. "There's a Reason" for Postum. —sold by Grocers

**That's Different.**  
"I'm trying to sell that house I bought last year. I thought it would be an easy matter, but it isn't."  
"What made you think it would be easy?"  
"Well, the agent didn't have any trouble selling it to me."

**Eczema? Use Tetterine.**  
"I have been troubled with Eczema on the face for nearly two years, and a few applications of Tetterine and the use of Tetterine Soap has entirely cured me. I cannot say too much for its price."  
Myricks, Mass. Mrs. S. A. Haskins.  
Tetterine cures Eczema, Dandruff, Itching Piles, Itching Worm and every form of Itch and Skin Disease. Tetterine 50c; Tetterine Soap 25c. At druggists, or by mail direct from The Shuptrine Co., Savannah, Ga.  
With every mail order for Tetterine we give a box of Shuptrine's 10c Liver Pills free. Adv.

**Fluent.**  
"Your employer is quite a golf enthusiast."  
"Is he? Well, that explains it. I was wondering where he got all those words he handed me when I asked him for a raise."

**NEVER HAD A CHILL**  
After Taking ELIXIR BABEK  
"My little daughter, 10 years old, suffered nearly a year with chills and fever, most of the time under the doctor's care. I was discouraged and a friend advised me to try Elixir Babek. I gave it to her and she never had a chill since. It completely cured her." Mrs. Cyrus Helms, 302 E St., N. E., Washington, D. C.  
Elixir Babek 50 cents, all druggists or by Parcel Post prepaid from Kloczewski & Co., Washington, D. C.

**Willing to Try.**  
Bix—Can I trust you?  
Dix—Actions speak louder than words. Try me with ten dollars."

The smile of fortune is better than her laugh.

## Careful St. Jo. Mothers Treat Children's Colds Externally

They Say Internal Dosing Harms Delicate Little Stomachs—"Outside" Applications Better.

Careful mothers everywhere realize that internal medicines are injurious to the delicate stomachs of the little folks. Still croup and cold troubles must have some form of treatment. The answer to this problem is the Southern "external" treatment Vap-O-Rub. This was introduced in St. Jo, Mo., for the first time last winter, and a number of ladies were presented with complimentary jars by their druggists on condition that they give Vap-O-Rub a thorough test. Here are the reports from several of these ladies—

Mrs. Sam House, 1206 Prospect Ave., writes—"My little daughter had Diphtheria last fall, and now every little cold she takes settles in her throat. We have thought twice she was going to have Diphtheria again, but during one of her bad spells my druggist sent me a jar of Vap-O-Rub. I used it for four nights on her throat with such good results that now I don't like to be without it. I have used it on myself and my husband for bad colds and have found it just fine."

Mrs. John Pavnter, 2432 S. 17th St.,

Heard in the Hotel Barber Shop. Porter—Boss, you sho' am dusty. Patron of the Hotel—All right, George; you may brush off about ten cents' worth.

**FITS, EPILEPSY, FALLING SICKNESS**  
Stopped Quickly. Fifty years of uninterrupted success of Dr. Kline's Epilepsy Remedy insures lasting results. LARGE TRIAL BOTTLE FREE. DR. KLINE COMPANY, Red Bank, N. J.—Adv.

The uses of whale oil are more numerous at the present time than ever before.

**Mother Knows What To Use**  
To Give Quick Relief

**HANFORD'S Balsam of Myrrh**  
A LINIMENT

For Cuts, Burns, Bruises, Sprains, Strains, Stiff Neck, Chilblains, Lambe Back, Old Sores, Open Wounds, and all External Injuries. Made Since 1846. Ask Anybody About It. Price 25c, 50c and \$1.00. OR WRITE G. C. Hanford Mfg. Co. SYRACUSE, N. Y.

**For Cuts, Burns, Bruises, Sprains, Strains, Stiff Neck, Chilblains, Lambe Back, Old Sores, Open Wounds, and all External Injuries. Made Since 1846. Ask Anybody About It. Price 25c, 50c and \$1.00. OR WRITE G. C. Hanford Mfg. Co. SYRACUSE, N. Y.**

**All Dealers** G. C. Hanford Mfg. Co. SYRACUSE, N. Y.

**Careful St. Jo. Mothers Treat Children's Colds Externally**

writes: "My druggist sent me a trial jar of Vap-O-Rub, which I soon had occasion to try on my "croupy" baby. Before putting her to sleep for the night, I applied the salve over her chest and throat with my fingers. The results proved very satisfactory, and now I would not be without it."

Mrs. M. A. Myers, 2943 Sylvan Ave., says—"When our three year old boy had a severe cold, about a month ago, I tried a jar of Vap-O-Rub. I rubbed it on his chest and let him inhale it, and he was relieved almost immediately, and got better in a few days. I think your remedy is the best thing for colds we have ever used."

Vick's Vap-O-Rub comes in salve form, and when applied to the heat of the body the ingredients are vaporized by the body warmth. These vapors, inhaled all night long, carry the medication with each breath, through the air passages, to the lungs. Vick's will be found better than internal medicine for all forms of cold troubles—from head colds, catarrh and asthmatic troubles—down to deep chest colds, bronchitis, sore throat or incipient pneumonia. Three sizes—25c, 50c and \$1.00.

**VAP-ORUB**  
The Genuine has this Trade Mark

**DAISY FLY KILLER** placed anywhere, attracts and kills all flies. Neat, clean, ornamental, convenient, cheap. Taste all seasons. Made of natural, antiseptic material, will not soil or injure anything. Guaranteed effective. All dealers or direct, express paid for \$1.00. HAROLD SOMERS, 156 De Kalb Ave., Brooklyn, N. Y.

**Every Woman Wants Partine ANTISEPTIC POWDER**  
FOR PERSONAL HYGIENE  
Dissolved in water for douches stops pelvic catarrh, ulceration and inflammation. Recommended by Lydia E. Pinkham Med. Co. for ten years. A healing wonder for nasal catarrh, sore throat and sore eyes. Economical. Has extraordinary cleansing and germicidal power. Sample Free, 50c all druggists, or postpaid by mail. The Partine Toilet Company, Boston, Mass.



**ECZEMA!**  
"Hunt's Cure" is guaranteed to stop permanently cure that terrible itching. It is compounded for that purpose and your money will be promptly refunded without question if Hunt's Cure fails to cure Itch, Eczema, Tetter, Ring Worm or any other skin disease. 60c the box.  
For sale by all drug stores or by mail from the A. B. Richards Medicine Co., Sherman, Tex.  
**WINTERSMITH'S CHILL TONIC**  
Sold for 47 years. For Malaria, Chills and Fever. Also a Fine General Strengthening Tonic.  
**SWEET POTATO PLANTS**  
NANCY HALL and FORTWORTH YAMS now ready 1,000 \$2.00, postpaid; 5,000 \$7.00, express not paid. Prompt, safe delivery guaranteed. N. W. Harlow, Ft. Worth, Tex.